

▶▶▶ higher order skills  
for the new matura 2023  
zestawy zadań

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## **Sweet wrappers and coffee mugs: mind games played at job interviews**

Making a good impression at a job interview is not easy. You definitely need to prepare yourself for it, but can you predict everything that could happen? What if the boss wants to play a mind game to find the best candidate? And what do dirty coffee mugs have to do with it?

Many people who are looking for a job have no idea that most interviewers play tricks to choose the best people for the job. And, in fact, it's not about checking if the candidates are qualified for the job. For example, for Trent Innes, a managing director, it is important what candidates do with their dirty glass or coffee mug. Knowledge and experience are important, but you can gain them. But this simple test, he believes, tells your boss a lot about your attitude. Similarly, interviewers like to check if candidates pick up a sweet wrapper dropped (accidentally or not!) by the door of the interview room. Your behaviour in this situation shows if you are selfless and able to notice details.

Some employers try to do everything to turn the candidate to "honesty mode". One of the ways to do this is to ask the interviewee to spell the name of their ex-boss. The candidate may think that their boss will be contacted so they tell the truth. Clearly, at this point in the interview, it would be too risky to lie, even if the new boss never calls your old one.

Mind games are also about checking if you are going to be dedicated to the job. Jessica Liebman, managing editor in a media company, says that a candidate deserves a job if they send a thank-you e-mail after the interview. She believes that by doing so the person wanting the job shows that they are well-mannered. In addition, candidates will often need to find the recruiter's e-mail address, which takes some time and is not always easy. Another popular thing to do is to text candidates at weekends or late at night just to check how fast they are able to text back. In this case candidates may suspect that the company will expect them to work at all hours.

According to statistics given by HR specialists, playing mind games at interviews, or so-called "hack recruitment", is very popular in companies with a strong corporate culture. Recruiters working for these companies want to find candidates who will fit into the team. Although such practices may seem a good idea, some people will find them controversial.

First of all, people looking for a job often think that playing mind games is not ethical and may even be illegal. Another problem is that companies often say they want to promote diversity but they actually discriminate against some people. Your unexpected behaviour in an interview does not mean you're not talented or skilled enough to work for them. What's more, we should remember that a job interview is a stressful situation and people may react differently for different reasons. It's also possible that you didn't wash your coffee cup because you simply didn't know what behaviour was expected of you. What if your future boss didn't want you to wash the cup or thought that sending a thank-you email was quite annoying?

*Source: <https://www.theguardian.com/money/shortcuts/2019/jun/05/dropped-wrappers-and-dirty-coffee-cups-the-tricks-bosses-play-at-interviews>;  
<https://www.businessinsider.com/8-mind-games-that-recruiters-play-during-interviews-2012-2?IR=T#theyll-ask-you-specific-questions-about-your-former-boss-like-ask-you-to-spell-his-or-her-name-to-get-you-in-honesty-mode-2y>*

## UKŁADANIE INFORMACJI W OKREŚLONYM PORZĄDKU

### Exercise 1

Read the questions below. Put them in the order that the answers appear in the text. One of the questions is more general and you can find answers to it throughout the text. Which one is it?

- A. What are some disadvantages of "hack recruitment"?
- B. Why are objects dropped on the floor in the recruitment room?
- C. Are mind games played to check candidates' qualifications?
- D. In what companies is playing mind games most popular?
- E. What trick helps check if a candidate is ready to work at different times of day?
- F. What question is typically asked to make sure the candidate is not lying?

1.1.	1.2.	1.3.	1.4.	1.5.	General

## ODRÓŻNIANIE FAKTÓW OD OPINII

### Exercise 2

Decide if the statements below provide facts or opinions, according to the text.

	Fact or Opinion?
2.1. Most recruiters play mind games during job interviews.	
2.2. The coffee cup test shows a lot about a candidate's attitude.	
2.3. Sending a thank-you letter shows how well-organised a candidate is.	
2.4. Texting candidates at night means they will be expected to work late.	
2.5. "Hack recruitment" is used in companies with a strong corporate culture.	
2.6. Playing mind games at job interviews is against the law.	

## UMIĘTNOŚĆ STRESZCZANIA TEKSTU

## Exercise 3

Complete the Polish summary below with missing information according to the text.

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Od: Magda  
Do: Kasia  
Temat: **Rozmowa o pracę**

Cześć, Kasiu!

Pamiętasz, jak ostatnio rozmawialiśmy o znalezieniu pracy na wakacje? Właśnie przeczytałam artykuł, w którym opisano sztuczki, jakie stosują rekrutujący, żeby dowiedzieć się jak najwięcej o kandydacie. Jestem zaskoczona tym, że coś takiego się odbywa!

Menedżerowie lubią na przykład sprawdzać, co zrobisz z kubkiem po kawie. Twierdzą, że wiedzę i doświadczenie możesz **3.1.** .... , a w ten sposób mogą szybko sprawdzić Twoją postawę. Czasem też celowo upuszczają papieraek po cukierku na podłogę – jeśli go podniesiesz, świadczyć to będzie o Twojej bezinteresowności i zwracaniu uwagi na szczegóły.

Rekrutującym zależy też na Twojej szczerości. Czasem zadają Ci pytania, na które musisz odpowiedzieć zgodnie z prawdą. Mogą na przykład poprosić Cię o **3.2.** .... Twojego byłego szefa, a Ty to zrobisz, bo podejrzewasz, że się z nim skontaktują.

Podczas rekrutacji zwraca się też uwagę na to, czy będziesz oddana pracy. Niektórzy rekrutujący uważają, że **3.3.** .... , jeśli wyślesz im e-mail z podziękowaniem za rozmowę. Zdarza się też, że wysyłają kandydatom wiadomości **3.4.** .... , by sprawdzić, czy jesteś wtedy dostępna.

Specjaliści twierdzą, że taki sposób przeprowadzania rozmów jest typowy dla firm **3.5.** .... , gdzie liczy się to, by pracownicy stanowili zespół. To niby ważne, ale wielu kandydatów ma złą opinię o takich praktykach. Uważają je za nieetyczne, a może nawet **3.6.** .... . Poza tym rozmowa o pracę to stresująca sytuacja, na którą ludzie reagują w różny sposób. No i skąd mamy wiedzieć, jakiego zachowania **3.7.** .... ?

Ciekawe to wszystko, prawda?

Pozdrowienia

Magda

## WYCIĄGANIE WNIOSKÓW

### Exercise 4

Provide two ideas to answer each question below.

4.1. According to the text, picking up a sweet wrapper is a sign of a candidate's selflessness. How does a selfless employee behave?

- .....
- .....

4.2. The text suggests that team spirit is important for companies. What benefits can team work bring?

- .....
- .....

4.3. If you were a boss and received a thank-you letter after a job interview, what would you think?

- .....
- .....

## ROZPOZNAWANIE INFORMACJI WYRAŻONYCH POŚREDNIO

### Exercise 5

Read the mini-dialogues.

5.1.

Could you spell your former boss' name?

Oh, why do you need this information?

5.2.

Will you be prepared to work overtime?

I don't have other obligations at the moment.

5.3.

What salary do you expect?

This depends on my duties.

A. Guess the hidden messages in the answers given by candidates to the employer's questions.

5.1. ....

5.2. ....

5.3. ....

**B. THINK.** Why didn't the candidates answer the questions directly? Do you think it's a good idea to answer interview questions in this way? Discuss in pairs.

5.1. ....

5.2. ....

5.3. ....

**C.** In pairs, write alternative, more direct answers to each of the questions in the mini-dialogues.

5.1. ....

5.2. ....

5.3. ....

## PRZEDSTAWIANIE PUBLICZNIE

### Exercise 6

With a partner, search the internet and prepare a presentation about working as a teenager/university student. Choose from the topics below (or the teacher will assign the topic to you):

- a) comparing summer job opportunities for Polish teenagers and British teenagers
- b) part-time jobs and summer jobs abroad for university students
- c) pros and cons of combining work and study

Then, imagine you have been invited to a summer or part-time job interview. Search the internet and prepare a presentation on how you should prepare yourself for the interview and how (not) to behave during the interview.

## Sweet wrappers and coffee mugs: mind games played at job interviews

Impressing your potential employer at a job interview is not an easy task. It definitely requires extensive preparation, but can you predict everything that could happen? What if the boss wants to play a mind game to find a suitable candidate? And what do dirty coffee mugs have to do with it?

Many people who are job-hunting are not aware it is true that most interviewers play tricks on candidates to choose the best ones for the job. And, in fact, it's not about formal qualifications. For example, for Trent Innes, a managing director of an accounting company, it is important what candidates do with their dirty glass or coffee mug. Skills, knowledge and experience are important, but can be acquired. But this simple test, he believes, reveals a lot about your attitude. Similarly, candidates are often judged on whether they pick up a sweet wrapper dropped (accidentally or not!) by the door of the interview room. Your behaviour on noticing the wrapper provides information about your selflessness and attention to detail.

Some employers try to do everything to turn the candidate to "honesty mode". One way to do this is to ask the interviewee to spell the name of their former boss. The candidate suspects that their ex-boss will be contacted later on so they tell the truth. Clearly, at this point in the interview, it would be too risky to lie, even if the new boss never calls your old one.

Mind games are also about checking if you are going to be dedicated to the job. Jessica Liebman, executive managing editor in a media company, says that a candidate deserves a job if they send a thank-you e-mail after the interview. She believes that by doing so the person applying for the job shows how eager and well-mannered they are. In addition, candidates will often need to hunt down the recruiter's e-mail address, which takes some time and effort. Another common practice is to text prospective employees at weekends or late at night just to check how fast they are able to respond. In this case candidates can get the impression, true or not, that the company will expect them to work all hours.

According to various statistics quoted by HR specialists, playing mind games at interviews, or so-called "hack recruitment", is especially popular in companies with a strong corporate culture. Recruiters working for these companies want to make sure the new candidate will fit into the team. While at first glance such practices may seem a good idea, some people will find them controversial.

First of all, people looking for a job see the tricks played by prospective employers as unethical, discriminatory and even potentially unlawful. Another problem is that companies often say they wish to promote diversity while the way they act contradicts this. The fact that you don't behave the way the recruiters expected you to does not mean you're not talented or skilled enough to work for them. Most importantly, however, we should remember that a job interview is a stressful situation and people may react differently for different reasons. Not saying thank you or washing your coffee cup may simply mean that you didn't know what was expected of you. What if your future boss actually didn't want you to wash the cup or thought that sending a thank-you email was quite annoying?


*Source: <https://www.theguardian.com/money/shortcuts/2019/jun/05/dropped-wrappers-and-dirty-coffee-cups-the-tricks-bosses-play-at-interviews>;  
<https://www.businessinsider.com/8-mind-games-that-recruiters-play-during-interviews-2012-2?IR=T#theyll-ask-you-specific-questions-about-your-former-boss-like-ask-you-to-spell-his-or-her-name-to-get-you-in-honesty-mode-2y>*

## UKŁADANIE INFORMACJI W OKREŚLONYM PORZĄDKU

### Exercise 1

Complete the mind map with the information from the text.

What mind games are played during job interviews?

Tricks/interviewers' hacks:		What can you learn about the candidate?
•		•
•		•
•		•
•		•
•		•

What are some negative aspects of "hack recruitment"?
•
•
•
•

## ROZPOZNAWANIE INFORMACJI WYRAŻONYCH POŚREDNIO

### Exercise 2

Read the sentences. Mark which information in the text is stated directly (D) and which indirectly (I). For each piece of information, underline the fragments in the text which justify your choice.

	Stated directly or indirectly?
2.1. Washing (or not) your coffee mug reveals a lot about your character rather than skills.	
2.2. Employers ask about former bosses to make sure candidates are truthful with them.	
2.3. Sending a thank-you e-mail indicates a candidate's resourcefulness.	
2.4. People working in companies using "hack recruitment" tend to be similar in their opinions, interests, behaviour etc.	



## ODRÓŻNIANIE FAKTÓW OD OPINII

### Exercise 3A

Read the phrases in the box and find sentences in the text which contain these phrases. In pairs, decide if they express facts or opinions.

<i>believe that</i> <i>according to</i>	<i>see something as</i> <i>be true that</i>	<i>find something</i> <i>get the impression</i>
--	--	--

believe that	►	..... (Fact / Opinion)
according to	►	..... (Fact / Opinion)
see something as	►	..... (Fact / Opinion)
be true that	►	..... (Fact / Opinion)
find something	►	..... (Fact / Opinion)
get the impression	►	..... (Fact / Opinion)

### Exercise 3B

Choose the correct phrases from the box in exercise 3A to complete the sentences below. When necessary, change the form of the phrases. Mark which sentences present opinions (O) and which describe facts (F).

- 3.1. People looking for their first full-time job often do not realize it ..... higher pay comes with experience. ....
- 3.2. Most young people ..... combining work and study is difficult, but possible. ....
- 3.3. In the past I ..... very challenging to present my own opinions during staff meetings. ....
- 3.4. Manager salaries in the USA, ..... the latest estimates, range from \$30,000 to \$95,000. ....
- 3.5. Candidates ..... attending many job interviews with no result ..... quite frustrating. ....
- 3.6. During the job interview last week I ..... that the recruiters liked me but unfortunately they haven't called me yet. ....

## WYCIĄGANIE WNIOSKÓW

### Exercise 4

Answer the questions about the text. For each answer, write no more than two sentences.

4.1. Why is the information about the candidate being selfless important for the interviewer?

.....

.....

4.2. Why do companies want to employ candidates who are going to fit into the team?

.....

.....

4.3. Read the last sentence of the text again. Why might the boss not want the candidate to wash the mug and why might they think sending a thank-you e-mail is annoying?

.....

.....

## UMIĘTNOŚĆ STRESZCZANIA TEKSTU

### Exercise 5

Translate the Polish summary into English. Do not refer back to the original English text. Use the framework below. When you have finished, compare your text with the original one. What differences can you notice?

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Od: Magda  
 Do: Kasia  
 Temat: **Rozmowa o pracę**

Cześć Kasiu,

Pamiętasz, jak ostatnio rozmawialiśmy o znalezieniu pracy na wakacje? Właśnie przeczytałam artykuł, w którym opisano sztuczki, jakie stosują rekrutujący, by dowiedzieć się jak najwięcej o kandydacie. Jestem zaskoczona tym, że coś takiego się odbywa!

Menedżerowie lubią na przykład sprawdzać, co zrobisz z kubkiem po kawie. Twierdzą, że umiejętności i wiedzę możesz nabyć, a to, czy zmyjesz po sobie kubek pomoże sprawdzić Twoją postawę. Czasem też celowo upuszczają papierkę po cukierku na podłogę – jeśli go podniesiesz, świadczyć to będzie o Twojej bezinteresowności i zwracaniu uwagi na szczegóły.

Rekrutującym zależy też na Twojej szczerości. Czasem zadają Ci pytania, na które musisz odpowiedzieć zgodnie z prawdą. Mogą na przykład poprosić Cię o przeliterowanie nazwiska Twojego byłego szefa, a Ty to zrobisz, bo podejrzewasz, że się z nim skontaktują.

Podczas rekrutacji zwraca się też uwagę na to, czy będziesz oddana pracy. Niektórzy rekrutujący uważają, że zasługujesz na tę pracę, jeśli wyślesz im e-mail z podziękowaniem za rozmowę. Zdarza się też, że wysyłają kandydatom wiadomości w weekendy lub w nocy licząc na odpowiedź.

Specjaliści twierdzą, że taki sposób przeprowadzania rozmów jest typowy dla firm o silnej kulturze korporacyjnej, gdzie liczy się to, by pracownicy stanowili zespół. To niby ważne, ale wielu kandydatów ma złą opinię o takich praktykach. Uważają je za nieetyczne, dyskryminujące, a nawet nielegalne. Poza tym rozmowa o pracę to stresująca sytuacja, na którą ludzie reagują w różny sposób. No i skąd mamy wiedzieć, jakiego zachowania od nas oczekiwano?

Ciekawe to wszystko, prawda?

Pozdrowienia

Magda

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^v ≡

From: Magda  
 To: Kasia  
 Subject: **Job interview**

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Hi Kasia,

Do you remember the conversation about finding a summer job that we had recently? .....

.....

.....

.....

They say you can acquire .....

.....

..... – if you pick it up, .....

.....

..... questions which you have to answer truthfully. ....

.....

.....

..... . Sometimes they also text you

.....

..... that this type of job interview is typical of

.....

..... Besides, .....

..... ?

Take care,

Magda

## PRZEDSTAWIANIE PUBLICZNIE

### Exercise 6

Prepare a short presentation about preparing oneself for a job interview. Search the internet to find blogs and articles on the topic. Your presentation should contain the following information:

- what you should wear for the interview and why;
- how you should behave and how to answer the interviewer's questions;
- what tricks (other than those described in the text) recruiters use during job interviews;
- what psychological tricks you can play on the interviewer.

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**Interviewer:** Good morning. With me today in the studio is Claire Smith. Claire is a full-time traveller and digital nomad, working from wherever she is at the moment. At 34 she sold all the things that she wasn't able to put in a backpack, and hit the road. Claire, could you tell us how it all started? Where does your passion for adventure travel come from?

**Claire:** In 2010 I made the decision to live a life less ordinary. I quit my jobs, gave up my dance company, moved out of my flat, and six months later after doing away with many things and reading guide books, I started my travels. I had no time limitations for my journey. I was just going off on an adventure and I would let fate decide where I would go. For the last eight years I've lived in all four corners of the world. My desire to experience new cultures fuels my desire to travel, so I don't think I'll ever be able to stay in one place for long.

**Interviewer:** How has travel changed your life?

**Claire:** My adventurous nature is definitely something that has developed since I left home. As a teenager I suffered from anxiety and consequently travelling was not my favourite activity. The thought of getting onto a plane and flying half way across the world terrified me. It was also connected with a horrible fear of heights. I still remember a holiday in the Alps with my family when I couldn't get on a chairlift. When I finally did it, I covered my eyes, and started listening to music playing in my earphones to calm down... Now I enjoy every opportunity to experience something new. I feel this is because travel has helped me leave my comfort zone.

**Interviewer:** How do you find inspiration for new adventures and how do you research your trips?

**Claire:** For me, social networking sites like Instagram are a great source of inspiration. I always decide where I want to go next after seeing a fellow traveller sharing pictures from their last trip. As for researching my trips, I think locals and travel bloggers know best what to see and where to stay so I usually spend a few hours reading blogs and forums discussing the destination.

**Interviewer:** You encourage women to travel alone. Do you feel safe when you travel solo?

**Claire:** When I first decided I wanted to travel solo, people reacted differently to this idea. I'm really lucky to have such supportive family and friends who didn't try to discourage me. However, most of the people I have met so far travelling solo are women. Of course, it's not an easy decision for women to decide to travel alone; society still stigmatises single and unmarried women.

To be honest, as a woman I feel pretty unsafe most of the time, no matter where I am. Should I lock myself away because of this fear that something could happen? No chance! I am very careful, I trust my instincts and I hope nothing bad will happen.

**Interviewer:** What are your tips on how to plan a perfect trip?

**Claire:** The first thing is that you don't have to spend a fortune to have a great holiday. My travel budget is usually much lower than that of most holiday makers. You can save a lot of money on accommodation – when you book, search more than one site to look for the best deals. I also love to plan my time on the trip. I typically search the Internet for something like 'Top 10 things to do in X', then I start reading articles and blogs about it. And I save what I find into my Pinboard and make notes in my travel planner. Then, there's one more thing left – writing a packing list. It doesn't matter if it's electronic or handwritten, it helps you make sure you don't forget anything. The last thing I recommend is to find out about the do's and don'ts in a particular country or culture. Being aware of local customs and cultural norms just helps you to make sure you are a culturally responsible traveller.

Based on: <https://www.thrillism.com/magazine/the-adventure-travel-story#claires-itchy-feet>  
<https://clairesitchyfeet.com/>

## UKŁADANIE INFORMACJI W OKREŚLONYM PORZĄDKU

### Exercise 1

Listen to (or read) the interview with a travel blogger and choose the correct order of information. Be careful! One idea (1–6) is not mentioned in the interview. Decide which one this is.

#### A.

1. Claire's past fears
2. Claire's decisions about future travels
3. Claire's preparations for the big change
4. Claire's most dangerous adventure
5. Claire's practical ideas for trip planning
6. Claire's opinion on travelling alone

#### B.

1. Claire's preparations for the big change
2. Claire's past fears
3. Claire's decisions about future travels
4. Claire's most dangerous adventure
5. Claire's opinion on travelling alone
6. Claire's practical ideas for trip planning

#### C.

1. Claire's preparations for the big change
2. Claire's most dangerous adventure
3. Claire's opinion on travelling alone
4. Claire's past fears
5. Claire's decisions about future travels
6. Claire's practical ideas for trip planning

## ODRÓŻNIANIE FAKTÓW OD OPINII

### Exercise 2

Listen to (or read) the interview again. Complete the table with three facts from Claire's life and three opinions she expresses. One has been done for you as an example.

Facts from Claire's life	Claire's opinions
1. Claire sold all her possessions.	1. Claire thinks she will always want to travel.
2.	2.
3.	3.
4.	4.

## WYCIĄGANIE WNIOSKÓW

### Exercise 3

Listen to (or read) the interview again and choose a more probable answer, A or B. Justify your choice. In which question are both answers correct? Why do you think so?

3.1. What does it mean for Claire that travelling has helped her leave her comfort zone?

- A. It helped her overcome her fears.
- B. It provides new experiences.

.....

3.2. How does Claire feel about the safety of women travelling solo?

- A. Claire feels unsafe but thinks it is not related to the place where she is staying.
- B. Claire doesn't like the idea of having to be very careful so that nothing bad will happen.

.....

3.3. What is Claire's attitude to the work of other travel bloggers?

- A. She reads their texts and browses through their photos only to be up to date with what they do.
- B. She reads their posts and browses through their photos to find ideas for her next travels.

.....

## UMIĘTNOŚĆ STRESZCZANIA TEKSTU

### Exercise 4

Read the summary below and find six factual mistakes in it. If necessary, listen to (or read) the interview again to check your answers. Talk to your partner and correct the mistakes.

Claire Smith is a travel blogger and digital nomad. In 2009 she decided to change her life. She quit her jobs, gave up her business, sold most of her things and started to live life on the road. She's planning to travel for at least eight more years. She hasn't always been that adventurous. As a child, she was very anxious and had a fear of heights. On one occasion, she was even scared to go trekking in the Alps because of this. Now she thinks travelling has helped her leave her comfort zone and experience new things. She often reads other travel blogs just to make sure she visits places no other blogger has been to before. She usually travels on her own, although feels unsafe most of the time. She says that most of the solo travellers she meets are men. She pays much attention to preparing her trips. She always tries to compile a packing list and believes that handwritten ones are the best as they quickly help you make sure you don't forget anything. Claire is also a culturally responsible traveller – before she visits a place, she learns what is acceptable and what is not in this country or culture.

Mistake 1: .....

Mistake 2: .....

Mistake 3: .....

Mistake 4: .....

Mistake 5: .....

Mistake 6: .....

## ROZPOZNAWANIE INFORMACJI WYRAŻONYCH POŚREDNIO

### Exercise 5

Read the transcript of the interview and the statements below. Underline the fragments in the transcript which explain why the following sentences are true.

- 5.1. Claire doesn't have a clear idea how long and where she's going to travel to.
- 5.2. Anxiety she suffered from as a child made her life difficult.
- 5.3. Claire tries to travel cheap.
- 5.4. Claire tries to show respect towards other people and cultures.

## PRZEDSTAWIANIE PUBLICZNIE

### Exercise 6

With a partner, search the internet and prepare a presentation about travelling. Choose from the topics below (or the teacher will assign a topic to you).

- A. The trendiest travel destinations and the pros and cons of spending a holiday there.
- B. Do's and don'ts while travelling to different countries around the world.
- C. Trip planning tips and packing hacks.

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**Interviewer:** Good morning. With me today in the studio is Claire Smith. Claire is a full-time traveller and digital nomad, working from wherever she is at the moment. At 34 she sold all her possessions that wouldn't fit into three boxes or her backpack, and hit the road. Claire, could you tell us how it all started? What fuels your passion for adventure travel?

**Claire:** In 2010 I made the decision to live a life less ordinary. I quit my jobs, gave up my dance company, moved out of my flat, and six months later after much downsizing and guide book consulting, I embarked on an undefined period of travel. I call it 'undefined' because I had no time limitations for my journey. I was just going off on an adventure and I would let fate decide my path.

For the last eight years I've lived in all four corners of the world. My desire to experience new cultures fuels my desire to travel; I don't think I'll ever lose the sensation of constant wanderlust.

**Interviewer:** How has travel changed your life?

**Claire:** My adventurous streak is definitely something that has developed since I left home. As a teenager I suffered from anxiety and consequently travel was an activity I rarely engaged in; the thought of getting onto a plane and flying half way across the world terrified me. It was also connected with a crippling fear of heights. I still remember a holiday in the Alps with my family when I couldn't get on a chairlift. I did manage to get in a different lift, but I had my eyes covered, music playing in my earphones and I was actually rocking to self-soothe... Now I relish the opportunity for new experiences; I feel this is because travel has pushed me out of my comfort zone.

**Interviewer:** Can you briefly describe how you find inspiration for new adventures and how you research your trips?

**Claire:** For me, social networking sites like Instagram are a great source of inspiration. I'm always adding destinations to my bucket list after seeing a fellow traveller sharing pictures from their last trip. As for researching my trips, I think locals and travel bloggers have great insights into what to see and where to stay so I'll spend a few hours hunting down blogs and forums discussing the destination.

**Interviewer:** You encourage women to travel alone. Do you feel safe when you travel solo?

**Claire:** When I first decided I wanted to travel solo I was faced with some pretty mixed reactions. I must admit that I am really lucky to have such supportive family and friends who didn't try to put me off. Out here on the road, however, most of the people I have met so far travelling solo are women. It's not an easy decision for a lot of women to decide to travel alone; there are still a lot of social stigmas attached to women being single and unmarried.

To be honest, it doesn't matter where I am in the world, as a woman I feel pretty unsafe most of the time. Should I lock myself away because of this fear that something could happen? No chance! I am very careful, I watch my drinks, I trust my instincts and I have faith that nothing bad will happen.

**Interviewer:** What are your tips on how to plan a perfect trip?

**Claire:** The first thing is that you don't have to spend a fortune to have a great holiday. My travel budget is a fraction of the budget of most holiday makers. You can save a lot of money on accommodation – when you book, search more than one site to look for the best deals. I also love to plan my time on the trip. I typically search the Internet for something like 'Top 10 things to do in X', then I start skimming through various articles and blogs. And I save what I find into my Pinboard and make rough notes in my travel planner. When you've done your research, there's one more thing left – write a packing list. It doesn't matter if it's electronic or handwritten, it helps you make sure you don't forget anything. The last thing I recommend is to find out about the do's and don'ts in a particular country or culture. Being aware of local customs and cultural norms just helps you to make sure you are a culturally responsible traveller.

Based on: <https://www.thrillism.com/magazine/the-adventure-travel-story#claires-itchy-feet>  
<https://clairesitchyfeet.com/>



## UKŁADANIE INFORMACJI W OKREŚLONYM PORZĄDKU

### Exercise 1

Listen to (or read) the interview with a travel blogger. Put the ideas in the order (1–5) in which they appear in the interview. Listen/read again and write down details about the ideas.

Idea	Order	Details
Claire's past problems.		
Claire's preparation for a lifestyle change.		
Claire's practical solutions for trip planning.		
Claire's view on travelling on one's own.		
Claire's ways to decide where to travel next.		

## ROZPOZNAWANIE INFORMACJI WYRAŻONYCH POŚREDNIO

### Exercise 2

Read the sentences and mark them T (true) or F (false). Then decide which information in the text is stated directly and which indirectly.

	True or false?	Is it stated directly or indirectly?
2.1. Claire was fully satisfied with the life she had before she became a digital nomad.		
2.2. She thinks that one day she will not want to travel any more.		
2.3. Travelling has made Claire less anxious.		
2.4. Claire does not always feel secure on her travels.		
2.5. Claire finds being a culturally responsible traveller important.		

## ODRÓŻNIANIE FAKTÓW OD OPINII

### Exercise 3

Read Claire's opinions about different aspects of travelling. Rewrite them so that they express facts, changing their content if necessary. You can use the words and expressions in the box. An example has been provided.

<i>definitely</i>	<i>According to</i>	<i>The fact/truth is (that)</i>	<i>There is no doubt</i>	<i>It has been found that</i>
-------------------	---------------------	---------------------------------	--------------------------	-------------------------------

#### Example:

"For me, social networking sites like Instagram are a great source of inspiration."

*Social networking sites like Instagram are definitely popular sources of information for travellers.*

3.1. "As for researching my trips, I think locals and travel bloggers have great insights into what to see and where to stay."

.....

3.2. "It's not an easy decision for a lot of women to decide to travel alone, there are still a lot of social stigmas attached to women being single and unmarried."

.....

3.3. "Being aware of local customs and cultural norms just helps you to make sure you are a culturally responsible traveller."

.....

## WYCIĄGANIE WNIOSEKÓW

### Exercise 4

Answer the questions about the text. For each answer, write no more than two sentences.

4.1. Why do you think Claire thought her life before travelling was ordinary?

.....  
 .....

4.2. What does Claire mean by saying that travelling has pushed her out of her comfort zone?

.....  
 .....

4.3. Why do you think being a culturally responsible traveller is important for Claire?

.....  
 .....

## UMIĘTNOŚĆ STRESZCZANIA TEKSTU

### Exercise 5

Listen to (or read) the interview again. Complete the email below using information from the interview. Write your answers in Polish using no more than two words in each space.

<
^v ≡

Od: Julka  
 Do: Piotrek  
 Temat: **Claire Smith**

Cześć, Piotrek,

pamiętasz naszą ostatnią rozmowę o wyjeździe na dłużej w jakieś ciekawe miejsce? Właśnie wysłuchałam ciekawego wywiadu z blogerką i podróżniczką Claire Smith. Jest cyfrowym nomadą, to znaczy, że może

**5.1.** ..... z każdego miejsca na świecie dzięki technologii.

Kilka lat temu Claire zrezygnowała z pracy, pozbyła się większości swoich rzeczy i rozpoczęła swoją podróż, która nie ma żadnych **5.2.** .....

Podróżowanie bardzo ją zmieniło. Kiedyś doświadczała wielu lęków, ale z czasem udało jej się wyjść ze **5.3.** .....

Teraz uwielbia nowe doświadczenia, które zapewnia podróżowanie. Jej inspiracją do wyjazdów są inni blogerzy i **5.4.** ....., którymi dzielą się w Internecie.

Claire najczęściej podróżuje sama. Cieszy się, że rodzina i przyjaciele nigdy się starali się jej **5.5.** ....., ale przyznaje, że nie zawsze czuje się bezpiecznie.

Claire chętnie dzieli się z czytelnikami swoimi radami dotyczącymi planowania podróży. Oprócz oczywistych spraw, takich jak robienie listy rzeczy do spakowania, radzi, żeby zorientować się w tym, jakie zachowania są akceptowane w danym kraju, a jakie nie. Świadomość **5.6.** ..... i norm kulturowych jest dla niej naprawdę ważna.

Jeśli chcesz, dam Ci namiary na jej blog.

Trzymaj się!

Julka

## PRZEDSTAWIANIE PUBLICZNIE

### Exercise 6

Prepare a short presentation about planning a holiday or a longer journey. Search the internet to find travel blogs on the topic. Your presentation should contain the following information:

- how you can find the best destinations for you;
- what you can do to travel cheap;
- how to organize the packing;
- how to plan your stay, i.e. what you are going to do during the journey/trip.



Colin Fenton was lying on the bed in his hotel room, wishing that he was somewhere else. The window was open and he could hear the sound of traffic outside.

The hotel was in Brentwood, a small town in Essex. Colin was there to teach a computer software course to the administrative staff of a company called Sutton Chemicals. This kind of teaching was always dull, tedious work and today – the first day of the course – it had been especially dull and tedious. By the afternoon, Colin had been exhausted.

The evening air was cool and wet. Slowly, Colin got up off the bed and went to close the window. He looked out of the hotel window and wondered where he could go to eat dinner.

He had a shower and put on some casual clothes. He phoned his home in Bath, but his wife wasn't in. Then Colin remembered that she had been planning to see some clients that afternoon. She often worked late.

'I'll phone her after dinner,' he thought.

Colin left his hotel room and went to find somewhere to eat. The hotel didn't have a restaurant, but earlier in the day Colin had seen a pub with a restaurant, just down the street. He decided to walk there.

The food and wine were excellent. After the meal he didn't go back to his hotel, but he went into the bar of the pub. It was noisy and crowded, but Colin didn't care about that. He bought a drink and tried to find an empty seat. As he was looking round the crowded room, he saw something that almost made him drop his glass. He walked towards a man who was standing at the other end of the bar.

'For a moment, I thought I was looking in a mirror,' he said.

The other man was shocked too. Then they both laughed.

The two men looked almost exactly the same. They were both in their late thirties; they even had the same hairstyle. Colin was perhaps slightly heavier, but otherwise the two men were doubles.

'We could be twin brothers,' the other man said.

They introduced themselves. The other man's name was John Bentley. He had a soft London accent.

'There's a seat free at our table, if you'd like to join us,' he said. 'I must introduce you to my wife.'

Linda Bentley was sitting on a long seat in the corner. She moved along the seat to make room for Colin.

'It's incredible,' she said. 'You two are identical!'

Linda was dressed in black clothes. She had fair hair, large green eyes, and a broad smile. She wore a lot of make-up and heavy gold jewellery. She looked totally different from his own wife, but he liked her.

'I've not seen you in here before,' John Bentley said. 'Where are you from?'

'Bath,' Colin said. 'My wife and I own a small computer software company there. I'm in Brentwood for a couple of days, teaching a course.'

'Oh, I don't know anything about computer software,' Linda said. 'You must be very clever.'

She smiled at him and Colin laughed. 'No,' he said, 'my wife's the clever one.'

Colin enjoyed being with the Bentleys. He liked their friendly way of talking. Over the next hour, he drank more than he had planned to drink. As a result, he became very talkative, and John Bentley had become silent. But Linda kept asking him questions about his business.

When it was time to leave the pub, Colin shook hands with the Bentleys and they wished one another goodnight.

'Will you be here in Brentwood again?' Linda asked Colin, as they walked out into the cool night air.

'Yes, I will, actually,' Colin said. 'I've got another two-day course to teach at Sutton Chemicals in about a month's time.'

'It would be great to see each other again.' Her eyes opened wide with pleasure.

'Yes,' Colin said. 'We must meet. I'd love to see you again – both of you.'

Colin turned into the street where his hotel was, and John and Linda Bentley walked towards a white van.

As soon as Colin Fenton was out of sight, the Bentleys started arguing. John, who had drunk rather a lot of beer that evening, began to shout at his wife.

'What did you think you were doing?' he yelled. 'Why were you flirting with that guy?'

'Shut up,' she said. 'Give me the keys to the van.'

She grabbed the keys from him and pushed him out of the way. He got slowly into the van. They were silent as she drove away from the pub. But after a minute, Linda touched her husband's hand.

'Don't be an idiot, John,' she said. 'That guy will be useful to us, you'll see,' she said. 'That's why we must make sure that we see him again.'

*Adapted from: Officially Dead by Richard Prescott, Macmillan Guided Readers*

## UMIĘTNOŚĆ STRESZCZANIA TEKSTU

### Exercise 1A

Read the extract from a novel. Write down five key words, i.e. the most important words which will help you remember the information in the text. Then, summarise the text in five sentences. Use the key words.

Key words:

.....

.....

Summary:

.....

.....

.....

.....

.....

### Exercise 1B

Work with a partner. Compare your summaries.

## UKŁADANIE INFORMACJI W OKREŚLONYM PORZĄDKU

### Exercise 2

Put the questions in the order that the answers appear in the text. Then, answer the questions.

- A. What happened in the car park?
- B. Why didn't Colin's wife answer the phone?
- C. What happened when Colin was trying to find a seat?
- D. Why did Colin come to Brentwood?
- E. How did Colin and John behave at the table?

Order	Question	Answer
2.1.		
2.2.		
2.3.		
2.4.		
2.5.		

## ROZPOZNAWANIE INFORMACJI WYRAŻONYCH POŚREDNIO

### Exercise 3

Read the fragments of the text given below. What information is expressed indirectly in these fragments? Rewrite the fragments so that they sound more direct. Use the questions to help you.

Information expressed indirectly		Information expressed directly
3.1. "This kind of teaching was always dull, tedious work and today – the first day of the course – it had been particularly dull and tedious."	What exactly is Colin's attitude to this job?	
3.2. "As he was looking round the crowded room, he saw something that almost made him drop his glass. He walked towards a man who was standing at the other end of the bar."	How did Colin feel when he saw the man?	
3.3. "John, who had drunk rather a lot of beer that evening, began to shout at his wife. 'What do you think you were doing?' he yelled. 'Why were you flirting with that guy?'"	Why did John shout at Linda?	

## ODRÓŻNIANIE FAKTÓW OD OPINII

### Exercise 4

Read the pairs of statements below. One statement in each pair expresses a fact, and one – an opinion. Mark the statements F (fact) or O (opinion). Then, choose one statement in each pair which is true according to the text.

4.1.

A. Linda Bentley was flirting with Colin. ....

B. Linda's husband had the impression that his wife was flirting with Colin. ....

True: .....

4.2.

A. There was no restaurant in the hotel. ....

B. Colin thought there was no restaurant in the hotel. ....

True: .....

4.3.

A. Colin had the impression that the pub was too crowded. ....

B. The pub was full of people. ....

True: .....

4.4.

A. Colin's wife is more intelligent than him. ....

B. Colin believes that his wife is more intelligent than him. ....

True: .....

## WYCIĄGANIE WNIOSKÓW

### Exercise 5A

Answer the questions below. Refer only to the information in the text.

5.1. Why did Colin enjoy the Bentleys' company?

.....

5.2. Why was Linda interested in Colin's job?

.....

5.3. Who behaves in a more natural way during the conversation, Colin or Linda?

.....

### Exercise 5B

Answer the question below. Express your own opinion.

Why do you think Linda says Colin will be useful to them?

.....  
.....  
.....  
.....

## PRZEDSTAWIANIE PUBLICZNIE

### Exercise 6

With a partner, search the internet and prepare a presentation about literature. Choose from the topics below (or the teacher will assign a topic to you).

- A. A popular British or American novelist and his/her works.
- B. Benefits of reading (in the native language and a foreign language).
- C. Ways of encouraging young people to read more.



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The evening air was cool and damp. Slowly, Colin got up off the bed and went to close the window. He stared out over the hotel car-park towards the wide, busy street beyond, while he wondered where he could go to eat dinner.

He had a shower and put on some casual clothes. He phoned his home in Bath, but his wife wasn't in. Then Colin remembered that she had been going to travel to see some clients that afternoon. She'd probably had to work late – she often did.

'I'll phone her after dinner,' he thought.

Colin left his hotel room and went to find somewhere to eat. The hotel didn't have a restaurant, but earlier in the day Colin had seen a pub which had a restaurant attached, just down the street. He decided to walk there. The food and wine were excellent. After the meal, instead of going straight back to the hotel to have an early night, he went into the bar of the pub. It was noisy and crowded, but Colin didn't care about that. Colin bought a drink and tried to find an empty seat. As he was looking round the crowded room, he saw something that almost made him drop his glass. He walked towards a man who was standing at the other end of the bar.

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The two men were unbelievably alike. They were both in their late thirties; they had almost identical features, and they even had the same hairstyle. Colin was perhaps slightly heavier, but otherwise the two men were doubles.

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Linda was dressed in black clothes. She had fair hair, large green eyes, and a broad smile. She wore a lot of make-up and heavy gold jewellery. She couldn't have looked less like his own wife, but he liked the way she looked.

'I've not seen you in here before,' John Bentley said. 'Where are you from?'

'Bath,' Colin said. 'My wife and I own a small computer software company there. I'm in Brentwood for a couple of days, teaching a course.'

'Oh, I don't know anything about computer software,' Linda said. 'You must be very clever.'

She smiled at him and Colin laughed. 'No,' he said, 'my wife's the clever one.'

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When it was time to leave the pub, Colin shook hands with the Bentleys and they wished one another goodnight.

'Will you be here in Brentwood again?' Linda asked Colin, as they walked out into the cool night air.

'Yes, I will, actually,' Colin said. 'I've got another two-day course to teach at Sutton Chemicals in about a month's time.'

'Oh, so perhaps we'll be seeing each other again then!' she said. 'That would be great.' Her eyes opened wide with pleasure.

'Yes,' Colin said. 'We must meet. I'd love to see you again – both of you.'

Colin turned into the street where his hotel was, and John and Linda Bentley walked towards a white van.

As soon as Colin Fenton was out of sight, the Bentleys started arguing. John, who had drunk rather a lot of beer that evening, began to shout at his wife.

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*Adapted from: Officially Dead by Richard Prescott, Macmillan Guided Readers*



## UKŁADANIE INFORMACJI W OKREŚLONYM PORZĄDKU

### Exercise 1

Read the extract from a novel and complete the diagram with the missing events from the box. Be careful to put the main events in the story in the correct order!

- |                                     |  |
|-------------------------------------|--|
| A. Colin orders a drink at the pub. | F. Colin leaves the pub.                             |
| B. Linda and John start to quarrel. | G. Colin meets his look-alike.                       |
| C. Linda and John talk to Colin.    | H. Colin's wife travels to see clients.              |
| D. Colin goes to dinner.            | I. Colin visits Brentwood again.                     |
| E. Colin tries to call his wife.    | J. Colin begins to teach a computer software course. |

Events which happened before the story began	The main events in the story	Events which will probably happen after the story
1.1. ....	Colin rests in the hotel	1.10. ....
1.2. ....	1.3. ....	
	1.4. ....	
	1.5. ....	
	1.6. ....	
	1.7. ....	
	1.8. ....	
	1.9. ....	
	The Bentleys talk in their car.	

## ROZPOZNAWANIE INFORMACJI WYRAŻONYCH POŚREDNIO

### Exercise 2A

Read the text again. Decide if the information below is expressed directly (D) or indirectly (I). Which piece of information is not mentioned in the text at all?

	Stated directly or indirectly?
2.1. Colin was very tired after the day at work.	
2.2. Colin wasn't surprised that his wife didn't answer the phone.	
2.3. Colin and John lived in different places.	
2.4. Linda looked different than his wife.	
2.5. Colin and John are suspected to be related.	
2.6. John was angry at Linda when they left the pub.	
2.7. Linda had a plan connected with meeting Colin.	

**Exercise 2B**

Rewrite the direct statements from exercise 2A so that the information in them is expressed indirectly.

.....

.....

.....

**ODRÓŻNIANIE FAKTÓW OD OPINII****Exercise 3**

Read the text again. Are the statements below facts or opinions? Mark the statements with F or O. Justify your answers.

	Fact or opinion?	Why?
3.1. Teaching courses to administrative staff is a tiring job.		
3.2. The pub was noisy.		
3.3. The two men looked very similar.		
3.4. Colin is a very intelligent person.		
3.5. The Bentleys' behavior towards Colin was friendly.		

**WYCIĄGANIE WNIOSKÓW****Exercise 4**

Answer the questions on the basis of the information from the text, not your own opinions. Write your answers in no more than two sentences.

4.1. What made Colin so exhausted in the evening?

.....

.....

4.2. Why did Linda ask Colin about his job?

.....

.....

4.3. Why did Linda seem happy when she heard Colin would be back in Brentwood?

.....

.....

4.4. Was John happy about meeting Colin?

.....

.....

### Exercise 5

- hotel (What was Colin doing there? How did he feel?)
- phone call (Who was calling whom?)
- conversation with the Bentleys (What did they talk about? What was the atmosphere like?)
- after leaving the pub (What did Colin do? What did John and Linda talk about?)

### Exercise 6

- the author of the novel or story and some facts from his/her life;
- the plot of the novel/story;
- the main characters;
- the value of the novel/story and why it can be recommended as a good read.